

FRITHAM

Starting point: Fritham car park ///untrained.serenade.neckline



Length

4 miles/6km

Fritham is one of the New Forest's most popular walking locations. This circular walk through mixed woodland cuts through two inclosures before you enjoy the sweeping views from the open expanse of Fritham Plain.

ROUTE

Starting from the village car park, take the cycle path signposted to Frogham. The path winds downhill through Glorley Bushes.

At a fork after 900m, follow the path as it bends round to the left. After 400m you'll get to a footbridge over Latchmeer Brook. Cross and follow the path round to the left and continue on the cycle track.

Leave the cycle path when you come to a gate on the left in to Amberwood Inclosure (at cycle markerpost 10). After 55m you'll join another path at Graze Hill. Continue on the main gravel path as it runs downhill and curves round to the right on to a straight stretch.

700m after the curve, take a left turn downhill towards a footbridge over Latchmere Brook, You'll see a carved seat as a memorial to New Forest naturalist and filmmaker Eric Ashby.

Cross the footbridge and go through two gates in quick succession into Sloden Inclosure.

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Follow the path as it gradually climbs through the inclosure. After 1.8km you'll eventually reach a gate at the edge of the inclosure. Go through the gate and the path soon meets the main track across Fritham Plain – turn left and walk for 1.5km to head back to the car park.

ESSENTIAL INFORMATION

Duration

2 Hours

Toilet facilities

The Royal Oak, Fritham, SO43 7HJ (Customers only)

Public Transport

Not available

Terrain

Mostly gravel tracks which are generally passable.

ROUTE MAP

